

Preservation Notes - Summer 2025 Preserve Today Relish Tomorrow



A Note from the

Coordinators

Meet UCCE Master Food Preserver Linda Driver



If you've ever attended a UC Master Food Preserver class on jellies and jams, chances are you've crossed paths with Linda Driver—a longtime volunteer whose passion for preserving is only matched by her generosity and sense of humor.



well. Our summer in Central California has been a little cooler than usual and even if my garden is a little behind, I'm not going to complain. I will have plenty of tomatoes in the fall so I better decide how to preserve them.

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Zesty Peach BBQ Sauce



If you find yourself with extra peaches this summer, this a great way to use them up. Not to mention it is a favorite of some of my best friends. If it is a little too spicy for you just use 1 teaspoon of the hot pepper flakes. It is excellent on poultry and pork. You can even use it as a dipping sauce.

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Preserved Lemons



Preserved lemons are a staple in North African and Middle Eastern cooking, prized for their intense citrus flavor and unique tangy-salty punch. This simple recipe uses just lemons and salt, but a few weeks of fermentation transforms them into a vibrant ingredient that can elevate stews, dressings, grain dishes, and more. Whether you're new to preserving or a seasoned cook, these lemons are an easy and rewarding addition to your pantry.

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Using a Lid Sealer Hand Pump

HELP DESK



Help Desk Question: Question: I know what I am about to

ask is not safe canning, and I am not planning on doing it. I just want to know the science behind it. If I make relish from fresh cucumbers with vinegar and sugar, and put lemon in it to increase the acidity, what is the difference between water bath canning versus using a lid sealer hand pump? Read More

Canning

The Benefits of

Atmospheric Steam



Home food preservation has

seen a resurgence in recent years, with many turning to traditional methods to ensure food security and reduce waste. Among the tools available, the atmospheric steam canner has gained attention as a more efficient alternative to the classic boiling water canner—especially for highacid foods. But what makes it so appealing, and how does it differ from its waterfilled counterpart?

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